



33 Therapy Goals/Status

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Purpose:

To guide therapists on the use of Therapy Goals/Status to objectively track goal progress throughout the patient's home health episode.

Question Intent:

The Therapy Goals/Status section is intended to track the objective progress of the primary components of your plan of care throughout the episode. It is important that these primary components are added at your Initial Visit (SOC or Evaluation) and documented towards throughout the episode by using the 'status' field to enter the current status at each visit.

Per [Medicare Benefit Policy Manual Chapter 7 - Home Health Services](#), the Therapy Goals/Status portion of our notes helps support that "the condition of the patient will improve materially in a reasonable and generally predictable period of time. Improvement is evidenced by objective successive measurements." This is essential in our Restorative Therapy documentation.

NOTE - see the [Maintenance Therapy](#) article to see how Therapy Goals/Status should be utilized for Maintenance Therapy patients.

Response – Specific Instructions:

At Reassessment (33) visits the Therapist will select Therapy Goals/Status in their visit note and see full menu of available goals (in comparison to routine visit that only shows what has been associated to the patient). This is valuable as the therapist can add any goals that may be new and relevant from their reassessment visit. The downside of this full menu availability is that it may be difficult to find which goals have been created thus far. To quickly view the Therapy Goals/Status that are associated with the patient the therapist can go to Medical Records (top right menu) and select **Therapy History**. This will open up the Therapy Goals/Status goals that should be addressed at the Reassessment (33) visit:

Therapy Goals/Status History

FUNCTIONAL (OT)
FUNCTIONAL TESTS (OT)

FUNCTIONAL (PT)
BED MOBILITY (PT)

TRANSFERS (PT)

FUNCTIONAL TESTS (PT)

MOBILITY/GAIT

Therapy Goals/Status History

BED MOBILITY (PT)

ITEM: SIT TO LYING

Status	MD	Comments
STG	STG Date	
CGA	10/17/22	
LTG	LTG Date	Comments
SUP	11/7/22	

ITEM: LYING TO SIT SIDE OF BED

Status	MD	Comments
STG	STG Date	
CGA	10/17/22	
LTG	LTG Date	Comments
SUP	11/7/22	

NOTE - It is important to document the status of each goal at the Reassessment visit to comply with [Medicare Benefit Policy Manual Chapter 7 - Home Health Services](#) requirements, which note that "The therapist must document the measurement results which correspond to the therapist's discipline and care plan goals in the clinical record."

To update a Status, the therapist will click on the category and the full THERAPY GOALS/STATUS display will open and be available to edit. The Therapist will click on the 'Status' drop down and choose the appropriate status based on patient presentation for the day's visit.

MOBILITY: WALK 150FT IN CORRIDOR

Status
MN

Carryover Status
 Carryover Don't Carryover

Short Term Goal
CGA

Date
12/29/23

Comments
WITH USE OF 4 WHEEL WALKER.

Set Comment

Long Term Goal
MI

Date
1/26/24

Comments
WITH USE OF 4 WHEEL WALKER.

Set Comment

The major benefit of Therapy Goals/Status is that the status of each Goal selected is objectively tracked throughout the episode. To see the status from previous visits the therapist can press and hold a specific goal to see the History.

MOBILITY: WALK 150FT IN CORRIDOR

Status CGA

STG
CGA

LTG
MI

Date
12/29/23

Date
1/26/24

Comments
WITH USE OF 4 WHEEL WALKER.

Comments
WITH USE OF 4 WHEEL WALKER.

History

Clear

The history will appear with the following columns, this is valuable to see how the patient has progressed throughout the episode. This information can then be incorporated in the therapist's [33 Therapy Assess/Plan](#) for their reassessment visit.

WALK 150FT

Date	Svc Code	Status	STG	Date	Comments	LTG	Date	Comments	Carryover
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As goals are met the headers of the goal turn purple for easy recognition. In the example below, the STG of CGA for walking 150ft in Corridor has been met:

MOBILITY: WALK 150FT IN CORRIDOR

Status CGA

STG
CGA

LTG
MI

Date
12/29/23

Date
1/26/24

Comments
WITH USE OF 4 WHEEL WALKER.

Comments
WITH USE OF 4 WHEEL WALKER.

Once the highest goal level is met the therapist will have the option to 'Carryover' or 'Don't Carryover'. When Carryover is selected the Goal will remain with the patient episode and will appear on future visits. When Don't Carryover is selected the Goal will not appear on future visits.

MOBILITY: WALK 150FT IN CORRIDOR

Status

MI

Carryover Status

Carryover Don't Carryover

Short Term Goal

CGA

Date

12/29/23

Comments

WITH USE OF 4 WHEEL WALKER.

Set Comment

Long Term Goal

MI

Date

1/26/24

Comments

WITH USE OF 4 WHEEL WALKER.

Set Comment

The Goals in Therapy Goals/Status are dynamic. A Registered Therapist can update the value (functional level) as well as the date for either short term or long term goals at any visit. The 'Set Comment' feature should be used when updating goals to place a date of when the update occurred and add detail in regards to the reason for the change. An example of modifying the Walk 150ft in Corridor goal is below:

Short Term Goal

CGA

Date

1/19/24

Comments

WITH USE OF 4 WHEEL WALKER.

Set Comment

12/29/23 - SHORT TERM GOAL DATE HAS BEEN UPDATED TO 1/19/23 DUE TO ACUTE RIGHT KNEE PAIN LIMITING SAFE ABILITY TO BEAR WEIGHT IN RLE.

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