

19 Therapy Goals/Status

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Purpose

To guide the rapists on the use of The rapy Goals/Status to objectively track goal progress throughout the patient's home health episode.

Question Intent:

The Therapy Goals/Status section is intended to track the objective progress of the primary components of your plan of care throughout the episode. It is important that these primary components are added at your Initial Visit (SOC or Evaluation) and documented towards throughout the episode by using the 'status' field to enter the current status at each visit.

Per Medicare Benefit Policy Manual Chapter 7 - Home Health Services, the Therapy Goals/Status portion of our notes helps support that "the condition of the patient will improve materially in a reasonable and generally predictable period of time. Improvement is evidenced by objective successive measurements." This is essential in our Restorative Therapy documentation.

 $\textbf{NOTE} - see the \ \textit{Maintenance Therapy article} \ to see how \ \textit{Therapy Goals/Status} \ should \ be \ utilized \ for \ \textit{Maintenance Therapy patients}.$

Response - Specific Instructions:

At Agency Discharge (18) and Discipline Discharge (19) visits the Therapist will select Therapy Goals/Status in their visit note and see full menu of available goals (in comparison to routine visit that only shows what has been associated to the patient). To quickly view the Therapy Goals/Status that are associated with the patient the therapist can go to Medical Records (top right menu) and select Therapy History. This will open up the Therapy Goals/Status goals that should be addressed at the Discharge Visit:

Therapy Goals/Status History

FUNCTIONAL (OT)
FUNCTIONAL TESTS (OT)

FUNCTIONAL (PT)
BED MOBILITY (PT)

TRANSFERS (PT)

FUNCTIONAL TESTS (PT)

MOBILITY/GAIT

Therapy Goals/Status History

BED MOBILITY (PT)

ITEM: SIT TO LYING

Status MD

STG STG Date Comments

CGA 10/17/22

LTG LTG Date Comments

SUP 11/7/22

ITEM: LYING TO SIT SIDE OF BED

Status MD

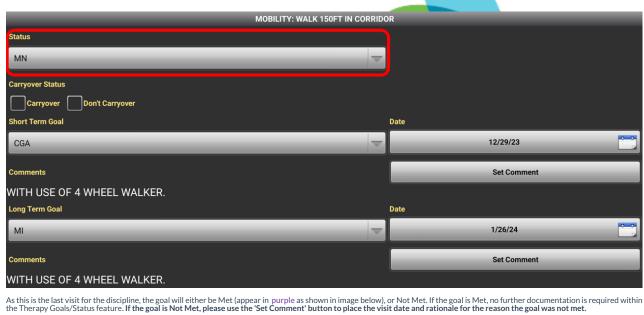
STG STG Date Comments

CGA 10/17/22

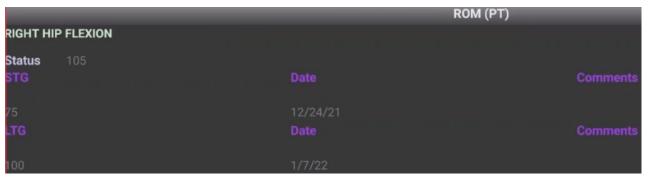
LTG Date Comments

SUP 11/7/22

To update a Status, the therapist will click on the category and the full THERAPY GOALS/STATUS display will open and be available to edit. The Therapist will click on the 'Status' drop down and choose the appropriate status based on patient presentation for the day's visit.



Goal Met Example:

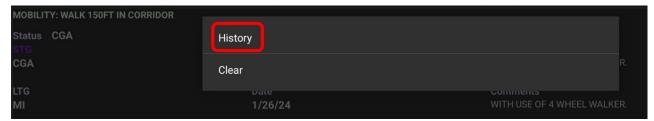


Goals Not Met Example (with comments):



NOTE - It is important to document the status of each goal at the Discharge visit to comply with Medicare Benefit Policy Manual Chapter 7 - Home Health Services requirements, which note that "The therapist must document the measurement results which correspond to the therapist's discipline and care plan goals in the clinical record."

One major benefit of Therapy Goals/Status is that the status of each Goal selected is objectively tracked throughout the episode. To see the status from previous visits the therapist can press and hold a specific goal to see the History.



The history will appear with the following columns, this is valuable to see how the patient has progressed throughout the episode. This information can be utilized to see progress, plateau, or potentially regressions that may need to be addressed.

WALK 150FT

Date Svc Code Status STG Date Comments LTG Date Comments Carryover

Once the highest goal level is met the therapist will have the option to 'Carryover' or 'Don't Carryover'. When **Carryover** is selected the Goal will remain with the patient episode and will appear on future visits. When **Don't Carryover** is selected the Goal will not appear on future visits. It is recommended to select 'Don't Carryover' for all Therapy Goals/Status on a Discharge Visit.



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