

01 Functional Tests and Measures

Last Modified on 08/16/2024 11:24 am EDT

Purpose:

To guide therapists on the use of the FUNCTIONAL TESTS AND MEASURES section of the Physical Assessment to objectively track progress throughout the patient's home health episode.

Question Intent:

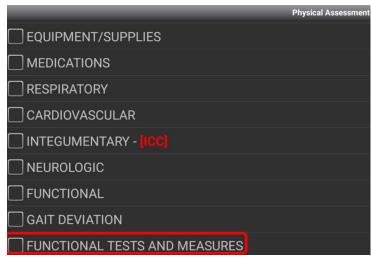
The FUNCTIONAL TESTS AND MEASURES section is intended to present a wide variety of evidence-based functional tests for each therapy discipline. Based on patient presentation, the therapist will select one or multiple tests to perform and document the test results in this section.

Once test results are entered, they should be included in the THERAPY GOALS/STATUS as well as interpreted in the ASSESSMENT of the note.

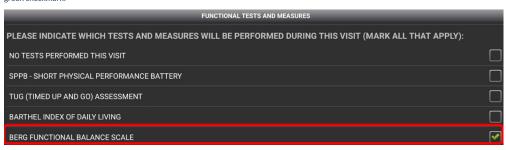
Per Medicare Benefit Policy Manual Chapter 7 - Home Health Services , the Therapy Goals/Status portion of our notes helps support that "the condition of the patient will improve materially in a reasonable and generally predictable period of time. Improvement is evidenced by objective successive measurements." This is essential in our Restorative Therapy

Response - Specific Instructions:

At SOC (00) and Evaluation (01) visits the Therapist will select Functional Tests and Measures in the Physical Assessment:



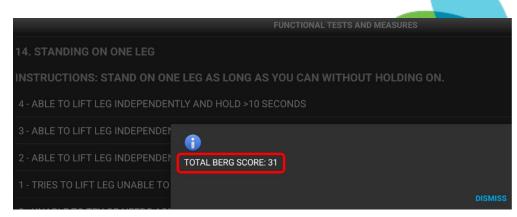
This will prompt a list of functional tests available for the therapy discipline. In the example below, the therapist selected the BERG FUNCTIONAL BALANCE SCALE as indicated by the green checkmark:



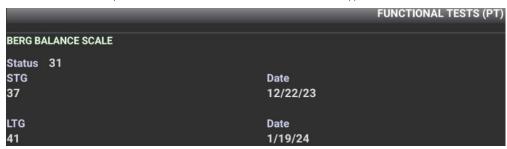
Once the functional test(s) are selected the system will prompt the therapist to complete the test in the system:

FUNCTIONAL TESTS AND MEASURES PLEASE COMPLETE THE FOLLOWING QUESTIONS AS RELATED TO THE BERG FUNCTIONAL BALANCE TEST:

Once the test is completed the total score/results (when relevant) will be displayed. Please keep track of these results to be utilized in Therapy Goals/Status and interpreted later in your note, as the system does not prominently display them well after the test.



Functional tests should be tracked and documented throughout the patient's home health care. To assist with this, all functional tests performed should be entered into Therapy Goals/Status. Below is an example of the BERG BALANCE SCALE written as STG and LTGs in Therapy Goals/Status:



 $Lastly, Functional \ Tests \ are \ to \ be \ interpreted \ in \ the \ The \ rapy \ Assessment/Plan. \ Below \ is \ an \ example \ of \ the \ score \ of \ 31 \ on \ the \ BERG \ interpreted \ in \ the \ PT00/01 \ Assessment:$



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