











# Home Exercise Programs

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## Purpose:

The Home Exercise Programs below are Aveanna branded and available for all Therapists to distribute to our patients in their home.

- [Aveanna Home Exercise Instructions.pdf](#) 
- [Aveanna Amputation.pdf](#) 
- [Aveanna Ankle.pdf](#) 
- [Aveanna Balance.pdf](#) 
- [Aveanna Fine Motor Exercises.pdf](#) 
- [Aveanna General Bed Exercises Spanish.pdf](#) 
- [Aveanna General Bed Exercises.pdf](#) 
- [Aveanna General Oral Motor exercises for dysphagia treatment.pdf](#) 
- [Aveanna General Seated Exercises.pdf](#) 
- [Aveanna General Standing Exercises Spanish.pdf](#) 
- [Aveanna General Standing Exercises.pdf](#) 
- [Aveanna General Voice Exercises.pdf](#) 
- [Aveanna Lumbar.pdf](#) 
- [Aveanna Shoulder.pdf](#) 
- [Aveanna THA Anterior.pdf](#) 
- [Aveanna THA Posterior.pdf](#) 
- [Aveanna TKA.pdf](#) 
- [Aveanna UE Exercises with Resistance.pdf](#) 
- [Aveanna UE Exercises with Weights.pdf](#) 

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